



The International Academy  
of Human Reproduction

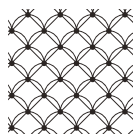
WORKSHOP

# THE ADO- LESCENCE

A Challenging Time  
for Physical, Mental  
& Social Health  
and Diseases

ATHENS, GREECE  
5-7 NOVEMBER 2025

FINAL PROGRAM



# WEDNESDAY NOVEMBER 5<sup>TH</sup>

## 14:00-14:30 OPENING CEREMONY

### 14:30-15:00 OPENING LECTURE

CHAIRPERSONS: MARTIN BIRKHAUSER (CH),  
ANDREA GENAZZANI (IT),  
SHANTHA KUMARI (IN), JOSEPH SCHENKER (IL)  
**Zoran Stankovic (RS)**

The Adolescence in the present World

### 15:15-17:00 FIRST SESSION

#### **Pubertal development, precocious puberty and steroid-genetic defects affecting adolescence**

CHAIRPERSONS: NEOKLIS GEORGOPOULOS  
(GR), SVETLANA VUJOVIC (RS)

**George P. Chrousos (GR)** Normal pubertal  
process in girls and boys

**Charles Sultan (FR)** Precocious puberty

**Christa Flück (CH)** Adrenogenital syndrome  
and other Steroidogenetic defects affecting  
adolescence

General Discussion

## 17:00-17:20 COFFEE BREAK

### 17:20-19:05 SECOND SESSION

#### **Primary Amenorrhea, Premature Ovarian Insufficiency and impact on adolescence of SGA, or Overweight/Macrosomia at birth and Physical activity excess in Childhood and Adolescence**

CHAIRPERSONS: EFTHYMIOS  
DELIGEOROGLOU (GR), CHARLES SULTAN (FR)

**Svetlana Vujovic (RS)** Primary amenorrhea  
and premature ovarian insufficiency

**Abel López Bermejo (ES)** Small for Gestational  
Age, Overweight and Macrosomia:  
Impact on Adolescence

**Blazej Meczekalski (PL)** Runners, Athletes  
and Dancers

General Discussion

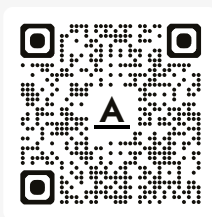
### 19:10-19:40 KEY LECTURE

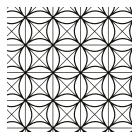
#### **Female Lower Genital Tract Congenital Anomalies**

CHAIRPERSON: JOSEPH SCHENKER (IL)  
**George Cretasas (GR)**

## CERTIFICATE OF ATTENDANCE

The Certificate of Attendance  
will be available on the workshop  
website [adolescence2025.com](https://adolescence2025.com)





# THURSDAY NOVEMBER 6<sup>TH</sup>

## 08:30-09:00 KEY LECTURE

**Adolescent Health & Nutrition  
in Low-and Middle-Income Countries**  
CHAIRPERSON: GIAN CARLO DI RENZO (IT)  
**Zulfiqar A. Bhutta (CA)**

## 09:00-10:45 THIRD SESSION

**Borderline Personality Disorders,  
Eating Disorders and Social Media influence  
on lifestyle and sexual health**

CHAIRPERSONS: LINA MICHALA (GR),  
MARISA LABOVSKY (AR)  
**Mie Jørgensen (DK)** Borderline personality  
disorders in adolescence  
**Flora Bacopoulou (GR)** Anorexia Nervosa  
and heating disorders  
**Artemis Tsitsika (GR)** Social media influence and  
impact on adolescent lifestyle and sexual health  
General Discussion

## 10:45-11:05 COFFEE BREAK

## 11:05-12:50 FOURTH SESSION

**Sexual and Sexuality development,  
Gender identities problems and Sexual  
Violence impact in Adolescents**

CHAIRPERSONS: ANNA MARIA FULGHESU (IT),  
ALEXANDRA SOLDATOU (GR)  
**Rossella Nappi (IT)** Sexual development,  
impact on individual sexuality  
and its consequences  
**Alessandra D. Fisher (IT)** Gender identities  
arising problems  
**Shantha Kumari (IN)** Physical, psychological  
and sexual violence impacts in adolescents  
General Discussion

## 12:50-14:30 BREAK

## 14:30-16:45 FIFTH SESSION

**Menarche and Menstrual Cyclicity, Functional  
Hypothalamic Amenorrhea and Adverse  
Uterine Bleeding in Adolescence**

CHAIRPERSONS: SARAH BERGA (US),  
ANNE BEATRICE KIHARA (KE)  
**Metella Dei (IT)** Menarche and the beginning  
of Menstrual Cyclicity  
**Sarah Berga (US)** Functional Hypothalamic  
Amenorrhea  
**Zana Bumbuliene (LT)** Abnormal Uterine  
Bleeding in adolescence  
**Lali Pkhaladze (GE)** Progesterone-based  
management of adolescent menstrual disorders  
General Discussion

## 16:45-17:05 COFFEE BREAK

## 17:05-18:50 SIXTH SESSION

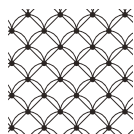
**PCOS Phenotypes, Metabolic Syndrome,  
Overweight and Obesity consequences  
and management and Contraceptive needs  
in Adolescents**

CHAIRPERSONS: BASIL TARLATZIS (GR),  
GABRIELE TRIDENTI (IT)  
**Anna Maria Fulghesu (IT)** PCOS phenotypes  
and their impact on adolescent life  
**Alessandro Genazzani (IT)** Metabolic syn-  
drome, overweight and Obesity in Adolescence  
**Johannes Bitzer (CH)** Contraception needs,  
efficacy and compliance in Adolescence  
General Discussion

## 18:50-20:05 SEVENTH SESSION

**Sexually transmitted and Pelvic  
Inflammatory Diseases in Adolescents  
and Prevention of Heterosexual  
Transmission of HIV/STI**

CHAIRPERSONS: JOHANNES BITZER (CH),  
MARY ROMANO (US)  
**Efthimios Deligeorglou (GR)** Sexually  
transmitted diseases and Pelvic Inflammatory  
Disease  
**Inon Schenker (IL)** Prevention of Heterosexual  
Transmission of HIV/STI in Adolescents  
General Discussion



# FRIDAY NOVEMBER 7<sup>TH</sup>

## 08:30-10:15 EIGHT SESSION

### **Endometriosis, Adenomyosis, Dysmenorrhea and other Pain Syndromes and the importance of optimal bone mass peak achievement in adolescence**

CHAIRPERSONS: ANGELOS DANIILIDIS (GR),  
LISELOTTE METTLER (DE)

**Felice Petraglia (IT)** Endometriosis  
and Adenomyosis in adolescents

**Andrea Genazzani (IT)** Dysmenorrhea  
and other Pain Syndromes

**Martin Birkhaeuser (CH)** How to get  
an optimal peak bone mass during adolescence  
General Discussion

## 10:15-10:30 COFFEE BREAK

## 10:30-12:45 NINTH SESSION

### **Ovarian Cysts and Tumors and Cancer, Organ preserving Surgery and Pre-pubertal and Pubertal Female and Male strategies for fertility preservation**

CHAIRPERSONS: ZORAN STANKOVIC (RS),  
ALEXANDROU RODOLAKIS (GR)

**Marta Caretto (IT)** Ovarian Cysts and Tumors  
**Liselotte Mettler (DE)** Organ preserving

necessary surgeries in adolescence

**Joseph Schenker (IL)** Adolescent Cancer -  
Strategies of Fertility Preservation  
**Kyle Orwig (US)** Preserving male fertility  
in pre-pubertal and pubertal males  
General Discussion

## 12:45-14:30 TENTH SESSION

### **The adolescent pregnancy and mother**

CHAIRPERSONS: SHANTHA KUMARI (IN),  
ZUZANI NIŽNANSKA (SK)

**Anne Kihara (KE)** The adolescent pregnancy

**Giancarlo Di Renzo (IT)** Nutrients and lifestyle  
to reduce obstetric risks in teenage pregnancy

**Tevfik Yoldemir (TR)** The adolescent mother,  
her risks and needs  
General Discussion

## 14:30-14:45 CLOSING CEREMONY

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